



Tools For Action

A sample of physical education initiatives in Wisconsin

Brain Based Senior PE

Contact Information

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Program Information

Program Name Brain Based Senior PE
Program Category Innovative class management strategies
Grade Level High School (9-12)
Assessment Method

Program Information

Products Developed or Materials Used:

Program Description:

Three days a week life time sport the other two days are in the classroom going over the latest in brain based research.

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

<http://dhfs.wisconsin.gov/health/physicalactivity/>

or contact staff at:

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(Amy Meinen, Nutrition Coordinator)

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(Jon Morgan, Physical Activity Coordinator)

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(Marv Pesik, Program and Grant Coordinator)